**2015 WESTERN WISCONSIN OPEN**

***SANCTIONED BY U.S.A. POWERLIFTING #WI-2015-09***

**(Formerly known as the Hudson Natural Open)**

**DATE:** October 31, 2015

**SITE:** Hudson House Grand Hotel

1616 Crestview Drive

Hudson, Wisconsin 54016

715-386-2394

**Schedule:** 7:30A.M. to 9.A.M. weigh-ins and equipment check for all Women, Teen and Master Men. The first lifting session will begin at 9:30 A.M.

Weigh-in and equipment check for Raw Open Men and Equipped Open Men to be from 10:30 A.M. to 12:00 P.M. The second lifting session will begin at 12:30 PM.

**NOTE:** Weigh in time may vary from scheduled start time for 2nd session, depending on the number of lifters in first session.

**Classes:** Women, Master Women, Master Men, Teen, Raw Open Men and Equipped Open Men all divisions by formula. Large divisions may be divided in to heavy and light classes depending on the participation.

**Eligibility:** All **U.S.A. Powerlifting card holding members** who have not used strength inducing drugs in the last 2 years (24 months), and prescription diuretics or banned stimulants in the 7 days prior to the contest. **Membership cards will not be available for purchase at the meet. Please purchase your membership online at: http://www.usapowerlifting.com Please note: High school lifters must purchase a full year membership.**

**This is a drug tested meet! Be careful what you ingest! Some supplements can cause drug test failures. Only IPF approved gear will be allowed.**

**Entry Fee: $50.00 first division, $30.00 each additional division (NO REFUNDS)**

**T-shirts: $15.00 (A limited number of T-shirts will be sold at the meet. You are encouraged to pre purchase shirts to be sure of size and availability)**

**Make checks payable to:** **Western Wisconsin Open**

**Mail to:** **Western Wisconsin Open**

**℅ Chuck Eaton**

**N8862 1047th Street**

**River Falls, WI 54022**

**Phone:** 715-426-4847 or 715-307-0932 or 715-425-1651 (Please, no calls after 8:00 p.m.)

**Entry Deadline:** This meet will be limited to the first 60 entries received. Deadline is either October 17th, or when the first 60 entries are received.

**Awards:** Awards will be given to the first three place finishers in each division by **formula**.

**Directions:** The meet site for this competition is the Hudson House Inn, Best Western Hotel. It is located on the south side of I-94 just north of Fleet Farm. Take Exit 2 off of I-94, turn south then turn west (towards Minneapolis) onto Crestview Drive. If you are planning on staying at the hotel, please tell them you are there for the meet. (discounted room rates). The Hudson House is a very nice hotel with a sauna, pool, whirlpool, restaurant and bar.

**WESTERN WISCONSIN OPEN**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age\_\_\_\_Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State\_\_\_\_\_\_\_\_\_\_\_\_\_\_Zip Code\_\_\_\_\_\_\_\_\_\_\_\_

Weight Class\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Membership Card # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Please refer to **Eligibility** on first page)

Email address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(optional, but very handy)

Cell Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(optional, but texting is faster)

**Divisions entered:** (circle below) **Please remember you are either equipped or raw, but not both.**

**Equipped**

Men’s Open, Women’s Open, Teen/male, Teen/female, Master Men, Master Women

**Unequipped**

Raw Men, Raw Women, Raw Teen-male, Raw Teen-female, Raw Master Men, Raw Master Women

**T-shirts:** (please order with your entry)

Size(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Number that you want\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(x $15)

Total for T-shirt order:\_$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When & where were you last tested?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (I.e. any anabolic or natural hormone) as part of my training during the past 24 months, or any prohibited stimulants or diuretics in the past 7 days prior to the contest.

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(signature of contestant) (Date)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Please print your name)

**RELEASE FROM LIABILITY**

**READ THIS RELEASE CAREFULLY. WHEN YOU SIGN IT, YOU WILL BE GIVING UP IMPORTANT RIGHTS.**

In consideration of the acceptance of my entry blank in this powerlifting competition, I intend to be legally bound for not only myself, but also my heirs, my executors, and my administrators. In signing this release from liability, I waive and release everyone connected with this competition from any and all liability that may arise from this competition. Moreover, I agree that any testing method which the meet directors and the sponsors of the meet use to detect the presence of strength inducing drugs SHALL BE CONCLUSIVE. That is whatever I think the results of the tests are right or wrong, I agree that I have no right to Challenge the results of the tests. I future agree to submit to any physical tests, which may be necessary to complete the drug testing. Should I fail to pass the drug test, I agree to waive any claim, which might arise under state law for defamation, slander, or liable, or any other claim for which legal relief is available.

I agree to pay any attorney fees and litigation expenses incurred by any person, real or corporate whom I may sue in an effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the sine que non for the acceptance of my entry in this contest.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Competitor’s Signature)

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Signature of parent or guardian if applicant is under 18 years old.

Application must be filled out, signed and entry fees received to be considered an entrant into this competition.