

Competition	Category	Raw/Gear	Place	First	Last	Total
2013 USAPL WI STATE MEET Bench Press Men's	MASTER 220 lb	Raw	1	Kevin	Mittelseadt	385
	MASTER 242 lb	Raw	1	Dave	Johnson	410
	OPEN 220 lb	Raw	1	Kevin	Mittelseadt	385
	JUN/COLL 181 lb	Raw	1	Alex	Johnson	305
	JUN/COLL 275+ lb	Raw	1	Jeremy	Fischer	275
	MASTER 220 lb	Gear	1	Adam	Bellingham	330
	MASTER'S 275 lb	Gear	1	Dave	Doan	620
	MASTER 275+ lb	Gear	1	Gary	Karcher	340
	OPEN 198 lb	Gear	1	Greg	Paltzer	405
	OPEN 198 lb	Gear		Luke	Hanifen	DQ
	OPEN 242 lb	Gear	1	Matt	Gunville	450
	OPEN 275 lb	Gear	1	Travis	Spencer	500
	OPEN 275+ lb	Gear	1	Gary	Karcher	340

2013 USAPL WI STATE MEET Bench Press - Women	OPEN 148 lb	Gear	1	Erin	Walterman	275
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2013 USAPL WI OPEN MEET Bench Press - Men's	MASTER 220 lb	Gear	1	Richard	Kelly	405
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2013 USAPL WI STATE - Women - Raw	MASTER 123 lb	Raw	1	Winsome	Panton	495
	MASTER 198+ lb	Raw	1	Katherine	Klass	650
	OPEN 114 lb	Raw	1	Kim	Johnson	675
	OPEN 123 lb	Raw	1	Michelle	Van Dusen	800
	OPEN 132 lb	Raw	1	Crystale	Lind	615
	OPEN 132 lb	Raw	2	Christina	Ronchetti	370
	OPEN 198 lb	Raw	1	Rachael	Goldmann	625
	OPEN 198+ lb	Raw	1	Katherine	Klass	650
	TEEN 114 lb	Raw	1	Kim	Johnson	675
	TEEN 123 lb	Raw	1	Michelle	Van Dusen	800
	TEEN 148 lb	Raw	1	Stephanie	Christopher	450

2013 USAPL WI STATE - Women - Gear	MASTER 181 lb	Gear	1	Brenda	Hermann	680
	OPEN 123 lb	Gear	DQ	Katherine	Kasabuske	
	OPEN 165 lb	Gear	1	Therese	Miller	730
	TEEN 181 lb	Gear	1	Taylor	Podboy	765

2013 USAPL WI STATE MEET - Raw Men's	MASTER 181 lb	Raw	1	Gregg	Zangl	1225
	MASTER 181 lb	Raw	2	Bill	Miller	1200
	MASTER 198 lb	Raw	1	Andrew	Randall	975

MEN'S

MASTER 198 lb	Raw	2	Bill	Dove	935
MASTER 220 lb	Raw	1	Michael	Cochran	1025
MASTER 242 lb	Raw	1	Jason	Johnson	1420
MASTER 275 lb	Raw	1	Jim	Perz	1210
OPEN 132 lb	Raw	1	Phil	Rotar	1095
OPEN 181 lb	Raw	1	Eric	Hess	1165
OPEN 198 lb	Raw	1	Karl	Hall	1235
OPEN 198 lb	Raw	2	Samuel	Haltom	1050
OPEN 198 lb	Raw	DQ	Jordon	Schreiber	
OPEN 220 lb	Raw	1	Kyle	Pederson	1330
OPEN 220 lb	Raw	2	Zachary	Gregorich	1275
OPEN 242 lb	Raw	1	Brian	Schnell	1545
OPEN 275+ lb	Raw	1	Andy	Askow	1515
OPEN 275+ lb	Raw	2	Josh	Peterson	1355

**2013 USAPL WI STATE
MEET - Raw**

Men's

Category	Raw/Gear	Place	First	Last	Total
JR/COL 181 lb	Raw	1	Aaron	King	1265
JR/COL 181 lb	Raw	2	Eric	Hess	1165
JR/COL 181 lb	Raw	3	Cory	Mueller	1155
JR/COL 220 lb	Raw	1	Max	Fuller	1380
JR/COL 220 lb	Raw	DQ	John	Battikha	
JR/COL 242 lb	Raw	1	John	Vercauteran	1585
TEEN 181 lb	Raw	1	Justin	Quintero	1095
TEEN 181 lb	Raw	2	Jacob	Zimmerman	625
TEEN 220 lb	Raw	1	Declan	Dilley	765
TEEN 242 lb	Raw	1	Brian	Schnell	1545
TEEN 242 lb	Raw	2	Jacob	Vopal	1020
TEEN 275 lb	Raw	1	Ian	Barge	1430
TEEN 275+ lb	Raw	1	Andy	Askow	1515

**2013 USAPL WI STATE
MEET - Gear**

Men's

MASTER 220 lb	Gear	1	Dennis	Smits	1380
MASTER 220 lb	Gear	2	Al	Williamson	945
MASTER 242 lb	Gear	1	Steve	Zahn	1245
MASTER 275 lb	Gear	1	Joe	Lewis	1230
MASTERS 275 lb	Gear	2	Dean	Bennett	755
MASTER 275+ lb	Gear	DQ	Heath	Thiel	
OPEN 114 lb	Gear	DQ	Kenneth	Johnson	
OPEN 148 lb	Gear	1	Kyle	Mikulecky	910
OPEN 165 lb	Gear	1	Alex	Trinidad	1230
OPEN 181 lb	Gear	1	John	Shields	1365
OPEN 181 lb	Gear	2	Brian	Mikulecky	1260
OPEN 181 lb	Gear	DQ	Nick	Rosencutter	
OPEN 220 lb	Gear	1	Matt	Rodock	1695
OPEN 220 lb	Gear	2	Pete	Nees	1675
OPEN 220 lb	Gear	3	Eric	Destache	1475
OPEN 220 lb	Gear	4	Dan	Wick	1230
OPEN 220 lb	Gear	5	Al	Williamson	945

OPEN 242 lb	Gear	1	John	Vercauteren	1585
OPEN 242 lb	Gear	2	John	Kleineider	1240
OPEN 275 lb	Gear	1	Greg	Kiriaki	1670
JR/COL 165 lb	Gear	1	Alex	Trinidad	1230
TEEN 114 lb	Gear	DQ	Kenneth	Johnson	
TEEN 165 lb	Gear	1	Andrew	Meyerhofer	1110
TEEN 198 lb	Gear	DQ	Nathan	King	
TEEN 220 lb	Gear	1	Alex	Dulley	1375

2013 USAPL WI OPEN MEET	OPEN 181 lb	Gear	1	Vincent	Stepchuck	1250
	OPEN 181 lb	Gear	DQ	John	Ponzetti	
	Men's OPEN 220 lb	Raw	1	Joe	Hummel	1010

Christina Ronchetti	WI State	F	181	3 Lift	Gear	Open	133.3	148	75	95	120	120	65	-85	-105	65	185	135	165	185	185	370	1.107	654.1779
Michelle Van Dusen	WI State	F	123	3 Lift	Raw	Open/Teen	119.6	123	290	-310	310	310	130	140 AR	150 AR	150 AR	460	320 AR	340 AR	-360	340 AR	800	1.205	712.155

Wisconsin Open 3 Lift

Joe Hummel	WI Open	M	220	3 Lift	RAW	M4	201.4	220	350	-365	-365	350	235	245	-255	245	595	375	405	415	415	1010	640.1	0.6338	
John Ponzetti	WI Open	M	181	3 Lift	GEAR	M2	177.1	181	-455	-455	-455	DQ	305	315	-325	315	DQ	465	485	-500	485	DQ			0.6812
Vincent Stepchuk	WI Open	M	181	3 Lift	GEAR	M2	176.6	181	-440	-440	440	440	340	365	-375	365	805	-420	445	-490	445	1250	852.0	0.6818	

Wisconsin State Bench

Adam Bellingham	WI State	M	220	Bench	GEAR	M2	209.6	220	0			0	-320	330 AR	-340	330	330				0	330	205.2	0.6219	
Dave Doan	WI State	M	275	Bench	GEAR	M2	272.3	275	0	580	600	620	620	620			620	620				0	620	354.2	0.5713
Jeremy Fischer	WI State	M	220	Bench	RAW	Jun - Coll	361.0	275+	0	275	-305	-305	275	275			275	275				0	275	150.2	0.5463
Matt Gunville	WI State	M	242	Bench	GEAR	Open	233.1	242	0	-450	-450	450	450	450			450	450				0	450	369.2	0.8204
Dave Johnson	WI State	M	242	Bench	RAW	M2	233.3	242	0	410	-430	-430	410	410			410	410				0	410	244.4	0.596
Alex Johnson	WI State	M	181	Bench	RAW	Jun - Coll	173.6	181	0	285	305	-320	305	305			305	305				0	305	210.4	0.6899
Gary Kachar	WI State	M	275	Bench	GEAR	Open / M4	280.2	275+	0	325	340	-360	340	340			340	340				0	340	193.2	0.5681
Kevin Mittelsteadt	WI State	M	220	Bench	RAW	Open / M1	218.1	220	0	-370	385	-405	385	385			385	385				0	385	235.4	0.6114
Greg Paltzer	WI State	M	198	Bench	GEAR	Open	197.8	198	0	385	405	-415	405	405			405	405				0	405	259.0	0.6395
Travis Spencer	WI State	M	275	Bench	GEAR	Open	274.8	275	0	-490	500	-535	500	500			500	500				0	500	285.1	0.5702
Erin Walterman	WI State	M	148	Bench	GEAR	Open	143.6	148	0	275	-290	-290	275	275			275	275				0	500	285.1	0.5702

Wisconsin Open Bench

Richard Kelly	WI Open	M	220	Bench	GEAR	M4	216.3	220	0	405	-415	-415	405	405			405	405				0	405	248.4	0.6134
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