

**1996 ADFFPA  
Wisconsin  
State  
High School  
Powerlifting  
Championships**

**SATURDAY**  
March 9, 1996

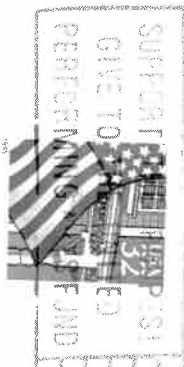
Wm. Horlick High School  
2100 Rapids Drive  
Racine, WI. 53404

**Entry Form**



High School  
Rd Drive  
WI 53404

DAVID R. DILLEY  
1548 PHILLIPS AVENUE  
RACINE WI 53403



**Drug Free Waiver**

I here by give my word of honor as an athlete that I have not used any strength-inducing drugs (i.e. any anabolic steroid or natural hormone) as part of my training during the past thirty-six months, nor have I used prescription diuretics or psychomotor stimulants during the seven days prior to this meet.

X \_\_\_\_\_  
Signature of Contestant

**Release from Liability**

**READ THIS RELEASE CAREFULLY.  
WHEN YOU SIGN IT YOU WILL BE  
GIVING UP IMPORTANT LEGAL RIGHTS**

In consideration of the acceptance of my entry blank in this powerlifting competition, I intend to be legally bound, for not only myself but for my heirs, my executors, and my administrators.

In signing this release from liability I waive and release Wm. Horlick High School and Racine Unified School District, and everyone connected with this competition from any and all liability which may arise from this competition.

Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength inducing drugs **SHALL BE CONCLUSIVE**. That is, whether I think the results of the test are right or wrong I agree that I have no right to challenge the results of the drug tests.

I further agree to submit to any physical tests which may be necessary to complete the drug testing. Should I fail to pass the drug test I agree to waive any claim which might arise under state law for defamation, slander, libel or any other claim for which legal relief is available .

I agree to pay any attorney fees and litigation expense incurred by any person, real or corporate, whom I may sue in an effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the **sine qua non** for the acceptance of my entry in this contest.

X \_\_\_\_\_  
Signature of Applicant in full

\_\_\_\_\_  
Signature of Parent/ Guardian if Applicant is under 18

# High School State Championships

Bruce and Sue Sullivan  
School - 414-635-5700  
Home - 414-639-3210

Saturday March 9, 1996

**Time:** 7:00 AM to 7:00 PM  
**Place:** Wm. Horlick High School Fieldhouse  
**Deadline:** Entries must be postmarked by March 1, 1996. Late entries will be subject to a \$20. fee  
No Same Day Entries  
**Entry:** \$ 30.00 for individual which will include the ADFPA card.

The ADFPA card will be filled out from your entry form. Cards will be signed by you, the contestant, prior to weigh in.  
**ABSOLUTELY NO REFUNDS**

**Team Entry:** \$50.00 in addition to individual fee

**Tickets:** \$5.00 at the door

**Divisions:**  
High School men or High School women. Minimum age 14, Maximum age 19 and must be a Full Time student and Resident of Wisconsin.

**Weight Class:**  
Women:  
Women must lift in competition prior to this meet  
97,104,111,116,122,129,139,154,176,176+

Men:  
**Qualifying Totals for men only**  
114,123,132,142,153,165,181, 198, 220, 242,HWT  
500,600,700,800,850,900,1000,1000,1000,1000

**Weigh In and Equipment Check:**  
7:00 to 8:30 AM

**Start of Competition:**  
9:00 AM

## Equipment and Rules

1. All lifters must have a qualifying total dating back to one calendar year, including the state meet of 1995 and a full time high school student of Wisconsin.
2. A clean T-shirt with sleeves no pockets or designs other than generic powerlifting or your high school logo. Gym shorts, biking short - thigh length, wrestling singlet or power suit.  
**Absolutely no baggies or sweats**
3. One piece lifting suit is highly recommended

## 4. No baby power, Bench Shirt, or Ammonia

5. ADFPA cards-This is a ADFPA sanctioned meet. Card cost is included in the entry fee. All lifters must be **drug free** for at least 36 months. All lifters must willfully subject themselves to **drug testing** as required. Failure to do so will result in immediate disqualification from the meet, along with forfeit of any awards earned.

## Awards:

**Men:** Plaques 1-3 each weight class, Medals 1-5 each weight class, 3- best lifter Trophies, one for each platform, 3 - Team Trophies  
**Women:** Plaques 1-2 each weight class, Medals 1-3 each weight class, 1 - best lifters Trophy

## Hotels:

Holiday Inn - 414 -637 -9311  
Special room rate \$49.00 1- 4 Occupancy  
Bring Tax letter / number to eliminate the room tax.

Knights Inn 1-800-843-5644  
Fairfield Inn 1-800-228-2800  
Super 8 1-800-848-8888

ADFPA Wisconsin State High School Powerlifting Championships  
Entries must be postmarked by Friday March 1, 1996

**Make Checks Payable To:**  
Horlick Powerlifting  
Send To: Wm. Horlick High School  
Attn. Bruce Sullivan  
2100 Rapids Drive  
Racine, WI 53404

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

School \_\_\_\_\_ Qualifying Total \_\_\_\_\_ Location \_\_\_\_\_ date \_\_\_\_\_

Sex \_\_\_\_\_ Wt.Class \_\_\_\_\_ Age \_\_\_\_\_ Year in school -- F, S, J, Sr,

ALL ENTRANTS MUST SIGN WAIVER ON OTHER SIDE OF FORM