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RECORDS

April '03



MEN'S

114 SQUAT BENCH DEADLIFT TOTAL

Open M Castro 352 M Castro 192 M Castro 457 M Castro 1008

Teen T Cross 320 (03) A Kinnard 195 (97) T Hilton 385 (01) T Cross
815 (03)

123

Open D Knoll 370 M Castro 245 M Castro 578 (93) M Castro 1100

Teen J Oliver 345 (03) J Morrow 220 (96) M Wioxm 410 (94) R Bowman
905 (02)

132

Open M Castro 420 M Rolnick 255 (97) M Castro 560 (95) M Castro
1210 (97)

Teen D Larson 400 D Larson 260 (84) M Beasley 445 (00) D Larson
1045 (84)

Master 40/44 B Luna 390 B Luna 280 B Luna 440 B Luna 1110

Master 45/49 W Bruno 305 W Bruno 190 W Bruno 350 W Bruno 835

148

Open R Triphahn 550 R Zirpel 315 M Bowe 555 R Triphahn 1360

Teen JJ Zwiers 460 (95) B Taselski 290 (00) R Peska 500 JJ Zwiers
1190 (95)

Master 40/44 B Heiner 335 (95) B Heiner 245 (95) B Heiner 385 (95) B
Heiner 965 (95)

Master 45/49 H Tobias 325 (96) H Tobias 230 (95) H Tobias 375 (95) H

Tobias 925 (95)

Master 50/54 W Coombs 340 W Coombs 200 W Coombs 420 W Coombs 960

165

Open D Brehm 620 L Kirchner 405 (02) M Conner 655 D Brehm 1600

Teen D Klawikowski 556.5 J Wolter 336.2 (95) K Ricckio 556 J Wolter 1365 (95)

Junior G Ophale 455 G Ophale 315 (03) G Ophale 495 (03) G Ophale 1265 (03)

Master 40/44 L Alecia 500 (88) L Alecia 350 (95) L Alecia 580 (88) L Alecia 1430 (88)

Master 45/49 J Krueger 485 (94) J Lot 340 (97) C Lohman 510 J Krueger 1195 (94)

Master 50/54 J Krueger 507 (97) J Lot 340 J Krueger 479 J Krueger 1218 (96)

181

Open T Schuerman 630 (96) L Kirchner 480 (03) J Sowinski 622 D Brehm 1640 (96)

Teen H Henk 600 J Walters 341.5 (96) A Lyons 590 (02) J Schroeder 1450

Junior J Sowinski 496 (99) J Sowinski 308.5 J Sowinski 622.5 J Sowinski 1427 (99)

Master 40/44 B Sullivan 510 G Zangl 460 C Lohman 578 (83) G Zangl 1470 (02)

Master 45/49 B Sullivan 505 (94) B Sullivan 325 D Felton 540 B Sullivan 1325 (94)

Master 50/54 J Krueger 510 (95) F Padron 300 B Sullivan 505 J Krueger 1255 (97)

198

413 (exceeded)

Open M Becker 680 (94) D Statz 404 (94) S Juwade 715 S Juwade 1747

Teen J Dhein 610 C Alsteen 360 J Bergmann 600 (96) J Dhein 1470 (97)

Junior R Stills 584.2 R Stills 374.8 R Stills 650.3 (99) R Stills 1609.3 (99)

Master 40/44 T Conklin 610 (98) N Karlinski 355 (94) T Conklin 585 (98) T Conklin 1535 (98)

Master 45/49 B Briggs 505 J Todd 365 (96) B Sullivan 520 (96) J Todd

1350 (97)

Master 50/54 J Krueger 500 J Donatell 315 (96) D Johnson 640 (97) D Johnson 1330 (97)

Master 55/59 B Briggs 440 (02) J Donatell 300 (96) D Johnson 625 (99) D Johnson 1290 (99)

Master 60/64 B Dove 425 (02) B Dove 290 (02) B Dove 490 (02) B Dove 1205 (02)

Master 65/69 B Fitzpateric 145 B Fitzpateric 250 B Fitzpateric 145 B Fitzpateric 540

Master 70/74 P Jensen 160 (01) P Jensen 210 (01) P Jensen 345 (01) P Jensen 715 (01)

220

Open S Cain 705.5 (92) C Rennert 520 S Cain 744 (92) S Cain 1879.9 (92)

Teen J Emmnot 615 (00) B Garrity 385 N Peterson 610 (99) N Peterson 1520 (99)

Junior K Hendler 410 (99) K Hendler 285 (99) K Hendler 443 (99) K Hendler 1140 (99)

Master 40/44 S Cain 675 S Cain 430 (98) S Cain 738 (98) S Cain 1825 (98) ?

Master 45/49 T Conklin 660 (00) C Cornelius 400 (98) T Conklin 630 (00) T Conklin 1660 (00)

? 2000?
Failed

Master 50/54 B Briggs 470 B Briggs 295 R Littmann 525 (97) R Littmann 1240 (97)

Master 55/59 B Briggs 475 B Briggs 315 (99) R Littmann 500 (98) R Littmann 1255 (98)

Master 60/64 B Dove 430 (03) B Dove 315 (03) B Dove 470 (03) B Dove 1215 (03)

242

Open B Gjeremo 755 (92) D Doan 540 (98) S Cain 755 (99) S Cain 1910 (95)

Teen L Gister 625 T Vandenheuvel 450 (97) N Martin 605 (02) L Gister 1515.7 (93)

Junior J Emmnot 625 J Emmnot 340 (02) J Emmnot 540 (02) J Emmnot 1505 (02)

Master 40/44 S Cain 700 (98) S Cain 484 (00) S Cain 755 (99) S Cain 1865 (99) 1884

X

Master 45/49 J Miller 601 (95) J Miller 413 (95) J Miller 611 (95) J Miller 1625 (95)

Master 50/54 J Irush 440 (97) J Irush 290 (97) J Irush 440 (97) J Irush
1170 (97)

Master 55/59 B Briggs 470 (99) B Briggs 325 (99) B Briggs 470 (99) B
Briggs 1265 (99)

Master 60/64 A Bunescu 396.6 A Bunescu 209 A Bunescu 380 A
Bunescu 974.5

275

Open B Gjermo 875 S Lade 645 (03) P McGettigan 804.5 B Gjermo
2100 (94)

Teen M Ryun 700 (03) G Kiriaki 350 (02) M Ryun 600 (03) M Ryun
1615 (03)

Master 40/44 M Sannder 639 B Norman 450 (92) G Steele 625 M
Sannders 1669 (00)

Master 45/49 R Sadowski 550 J Harper 295 R Sadowski 605 R
Sadowski 1455 (97)

Master 50/54 J Harper 520 R Crawford 330 J Harper 550 J Harper 1375
(96)

Master 55/59 A Bunescu 400 J Twet 290 (94) J Twet 465 J Twet 1075
(94)

Master 60/64 J Twet 350 J Twet 305 J Twet 473 J Twet 1111 (95)

275+

Open J Christus 760 (03) J Christus 580 (03) P McGettigan 710 J
Christus 1965 (03)

Teen B Dobratz 665 (98) J Christus 455 (99) R Lewis 610 (01) B
Dobratz 1605 (98)

Junior J Christus 760 J Christus 580 J Eddy 660 J Christus 1965

Master 40/44 R Volland 735 Kelly 430 M Saunders 665 M Saunders
1755 (00)

Master 45/49 R Volland 740 R Volland 420 R Sadowski 590 R Volland
1697.5

Master 50/54 J Harper 560 J Harper 320 J Harper 550 J Harper 1440

