

# WI. STATE OPEN COMPETITION

**3 INCREDIBLE EVENTS!**

**3 LIFT**

**PUSH-PULL**

**BENCH PRESS ONLY**

**3 PLATFORMS**

**★ ONE SESSION ★**

Entry Fee.....\$60<sup>00</sup>

Additional.....\$15<sup>00</sup>

Weighins.....7<sup>00</sup> AM

Competition....9<sup>00</sup> AM

**★ WITH RAW AND GEAR CATEGORIES ★**

**Jan.  
18  
2014**

**Whitnall High School**

★ Home of the 3X national USAPL boys team champion & 5X WHSPA division 2 boys state team champion ★ 5000 South 116th Street

**Greenfield, Wisconsin 53288.**

**BUT WAIT  
THERE  
IS MUCH  
MORE▶▶▶**

★ Competition open to women & men

★ Ages 14 and up!

★ USA Powerlifting sanctioned <sup>(1)</sup>

★ Entry form postmark date Jan. 11 2014

★ No walk-ins accepted.

More information?

**[www.wiusapl.org](http://www.wiusapl.org)**

Competitor Director at [tonya\\_wiusapl@me.com](mailto:tonya_wiusapl@me.com)

**GENERAL SPECTATOR**

**ADMISSION \$7<sup>00</sup>**

***Open to competitors from ALL STATES!***

<sup>(1)</sup> Sanction # WI-2014.